



Health Care

Flexible Spending Account with Carryover

Under the Federal Flexible Spending Account Program (FSAFEDS), a **Health Care Flexible Spending Account (HCFSA)** is a pre-tax benefit account used to pay for eligible medical, dental and vision care expenses that aren't covered by your health care plan. With an HCFSA you can save up to 30%* on eligible health care expenses and, with Carryover, there's virtually no "use or lose" risk. Eligible health care expenses include menstrual care products and over-the-counter (OTC) drugs like aspirin and cough medicine without a prescription.

Ready to save?

Sign up for a HCFSA during the Annual Federal Benefits Open Season, November 10, 2025 through December 8, 2025 (Midnight ET).

Learn More at www.FSAFEDS.gov

or call 877-FSAFEDS (372-3337)

* Assumes a combined tax rate of 30%, including FICA, state and federal income taxes. Actual amounts may vary.

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